

VOLUNTEER POSITION DESCRIPTION

Meal Provider

Reports to Program Manager



Position purpose:

To provide healthy meals for LGBTQ youth, build healthy relationships, and community.

Duties and responsibilities:

- Obtain and maintain a valid State of Washington food handler's permit
- Plan menu and purchase necessary food items
- Read & maintain shift log notes at the Reception Desk
- Cook and prepare meals
- Provide a vegetarian option to the meal (accommodating other dietary needs is at your discretion)
- Interact with youth during dinner
- Oversee youth meal sign-in process
- Enforce Lambert House kitchen and dining room policies
- Properly store and label all left-overs
- Clean kitchen and food-serving area
- Communicate kitchen-related concerns with Lambert House staff

Qualifications:

- Interested in the welfare of LGBTQ youth
- Possess or able to possess a valid State of Washington food handler's permit
- Personal or professional cooking experience desired

Time commitment:

- Outside of cooking: time required to plan and shop is determined by volunteer – could be as many as several hours per meal

- During meal preparation: typically around 2 hours and may vary, depending on food prep needs
- Minimum one meal per month in a scheduled shift, for one year.

Skills:

- Knowledge of food preparation helpful
- Communication and relationship-building skills with youth

Teams:

Meals may be provided by teams of friends, coworkers, families, social groups, etc. When providing meals in a team, one person must be designated as the team lead who will complete our recruitment and training, maintain a food handler's permit, & be present at every meal. The team lead is responsible for ensure that other members of the team know and follow our confidentiality & boundary policies. Other team members need to agree to and sign our confidentiality and boundary policies.

Physical requirements:

While performing the duties of this position, the volunteer is regularly required to sit, use hands, reach with hands and arms, talk, see, and hear. The volunteer is also required to regularly push, pull and lift objects weighing up to 30 pounds unassisted. The volunteer is frequently required to stand and walk. Lambert House is a smoke, alcohol, and drug-free space; no smoking by adults is allowed on the premises.

Our direct-service volunteers are provided 23 hours of free, intensive training that can enhance your understanding of how to work with queer youth. In addition, volunteers are scheduled on teams which can lead to the development of friendships that continue outside of Lambert House. Most importantly, volunteering at Lambert House provides our volunteers with the sense of satisfaction that they are making a difference. Indeed, many of our youth feel that the adult volunteers are making a big difference in their lives!